



# Personal Change Plan

FREE MINISTRY RESOURCE

# PERSONAL CHANGE PLAN

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You value making changes in your life. This template will jumpstart you in the right direction so you move forward instead of standing still.

**The changes I want to make are:**

**The most important reasons why I want to make these changes are:**

**What is it going to take to get there? The baby steps to take are:**

**The ways other people can come alongside me are:**

Person's Name:

Ways to Help Me:

**I know my plan is working if . . . (What will I notice?)**

**Things that will hijack my plan? My solutions are:**

Need a bit more direction? Book a counseling session at: [julielavin.com/session](https://julielavin.com/session).